

## LOCAL SUPPORT GROUP MEETINGS

### Alcohol Anonymous 312.346.1475

**Young People AA**  
Grateful House  
412 Wesley Ave  
Saturday 7:00pm

**Young at Heart Meeting  
(Age 16-30)**  
Suburban Fellowship Center  
7438 Harrison Street  
Forest Park IL  
Friday 8:30pm

[www.chicagoaa.org/find-a-meeting](http://www.chicagoaa.org/find-a-meeting)

### Al-anon

Al Anon is a mutual support program for people whose lives have been affected by someone else's drinking

888.425.2666

**United Lutheran Church**  
409 Greenfield St.  
Monday 7:00pm

**Unity Church of Oak Park**  
405 N. Euclid  
Tuesday 9:30am  
Friday 9:30am

**Euclid Ave. United Methodist Church**  
405 S. Euclid Ave.  
Wednesday 7:00pm

**First Baptist Church**  
820 Ontario St.  
Thursday 7:00pm

### Alateen

Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not.

**St. Vincent Ferrer**  
7525 North Ave.  
Tuesday 6:00pm

### Families Anonymous -

a twelve-step program for relatives and friends of addicts.

708.476.2274

**First United Church of Oak Park**  
848 W. Lake St.  
Tuesday 7:30pm

## Can teen substance use and abuse be prevented?

TO PREVENT SUBSTANCE USE:



TALK



KEEP BUSY



SET RULES



LISTEN



KNOW YOUR CHILD'S FRIENDS

### TALK TO YOUR CHILD

- early about what
- you expect in his or her behavior toward alcohol, tobacco, and other drugs. If your teen thinks that you will allow substance use, he or she is more likely to try drugs or alcohol.

### KEEP YOUR TEEN BUSY

- with
- meaningful activities, such as sports, church programs, or other groups.

### EXPECT YOUR TEEN

- to follow the
- household rules. Set reasonable consequences for behavior that needs to change, and consistently carry out the consequences.

### LISTEN.

- **KNOW YOUR CHILD'S FRIENDS.**
- Having friends who avoid cigarettes, alcohol, and drugs may be your teen's best protection from substance abuse.

[www.CMHB.NETWORKOFCARE.org](http://www.CMHB.NETWORKOFCARE.org)  
[www.RiverForestTownship.org](http://www.RiverForestTownship.org)

## YOUTH SUBSTANCE USE EDUCATION AND TREATMENT SERVICES

FOR THE OAK PARK AND RIVER FOREST COMMUNITIES



The Community Mental Health Board of Oak Park and River Forest Township developed this resource guide to provide information about youth substance use prevention, treatment, and recovery.



# Substance Use Treatment Partners

## Presence Health 708.410.0615

Several forms of insurance and Medicaid are accepted. Please call or visit the website to verify at [www.presencehealth.org/accepted-insurance](http://www.presencehealth.org/accepted-insurance). All our services for adolescents and families begin with a comprehensive substance abuse assessment.

- **Intensive Outpatient Treatment Program (IOP)**  
Designed to help adolescents who are struggling with drinking or substance abuse problems.
- **Teen Intervention Program (TIP)**  
4-session outpatient program designed to provide education and early intervention. It meets weekly and includes family involvement.
- **Continuing Care**  
Ongoing weekly support groups for newly recovering teens and their parents. Services are offered in Melrose Park, Westchester and Berwyn.

*Sliding Scale for residents*

## Rosecrance 815.391.1000

Several forms of insurance and Medicaid are accepted. Please call or visit the website to verify at [www.rosecrance.org](http://www.rosecrance.org)  
[Adolescent substance abuse treatment facility](#)

Rosecrance is a private not-for-profit behavioral health organization offering comprehensive addiction services for adolescents and adults, including prevention, intervention, detoxification, inpatient and outpatient treatment, recovery homes, dual diagnosis care, and family education. Rosecrance offers multiple sites in Rockford and northern Illinois, and the Chicago area including Oak Park, Lakeview, Northbrook, Naperville and Frankfort. An assessment is provided at no charge to determine which level of care is recommended. Visit the website at [www.rosecrance.org](http://www.rosecrance.org) for more information regarding specific programs as not all services are offered in all locations.

*Free Comprehensive Assessments*

## Pillars 708.745.5277

Several forms of insurance and Medicaid are accepted. Please call or visit the website to verify at [www.pillarscommunity.org/about-pillars/payment-and-insurance](http://www.pillarscommunity.org/about-pillars/payment-and-insurance)

Pillars offers treatment for teens and adults who are diagnosed with substance use disorders.

- **Adolescent Outpatient and Intensive Outpatient Addictions Services**

Our Adolescent Services provide treatment for teens ages 12-17 who are at risk for or are diagnosed with a mild or more severe substance use disorder. Staff offer a comprehensive assessment to determine level of care and a treatment plan. Services are offered in Hickory Hills and La Grange Park.



# Other Treatment Programs

## Healthcare Alternative Systems (HAS) 708.498.0200

Gender-specific outpatient (OP) and intensive outpatient (IOP) groups addressing adolescent substance abuse.

## Alexian Brothers Behavioral Health 800.432.5005

Adolescent Intensive Outpatient, Partial Hospital and Inpatient Chemical Dependency Program.

## Hazelden 866.253.5070

Outpatient Addiction Treatment for Young Adults and Adults.

## Linden Oaks 630.305.5027

Offers a variety of services at each stage of the addiction and recovery process.

## Gateway 877.505.4673

Treatment Center provides affordable and effective Inpatient Programs and Day Treatment Programs.

# Education Programs

## Presence Health Strengthening Families Program 708.410.0615

Family program (10 weeks) that helps families get along better, talk to each other, resolve conflicts, show respect, and much more. Meal provided.

## FACE IT<sup>SM</sup> 708.445.2727 ext. 220 or to register go to [www.oakparktownship.org](http://www.oakparktownship.org)

Family Focused. Alcohol, Tobacco, and Other Drug Education, Prevention, and Early Intervention Program for Youth and Their Parents or Caregivers (8-12 weeks)

## Rosecrance Prevention and Early Intervention 815.391.1000

Client & Family program with a focus on drug education and decision making (3 weeks)

**NEED HELP RIGHT NOW?**

Confidential text line: **Support4U 844-670-5838**

